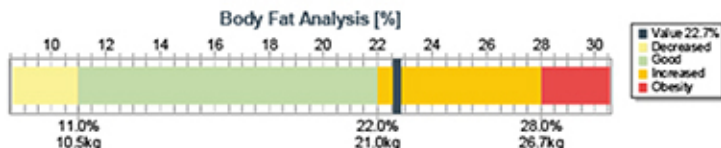


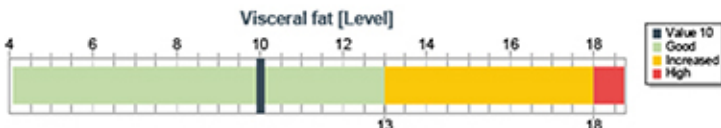
Prevention Check

Name	Mr JV	Date	22/01/2021 16:49
ID	37403	Age	46 male Scale type MC-780

Date: 28/12/2020

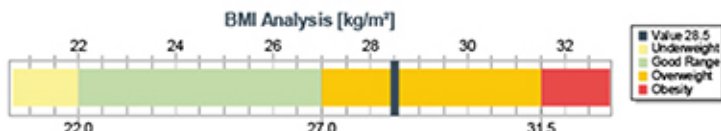
Body Fat: 22.7 %
=21.7 kg

Visceral fat: 10 Level



Height: 183 cm

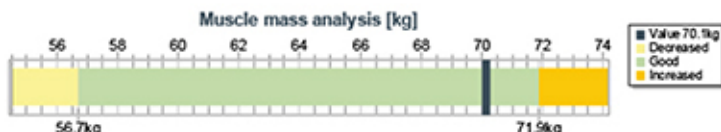
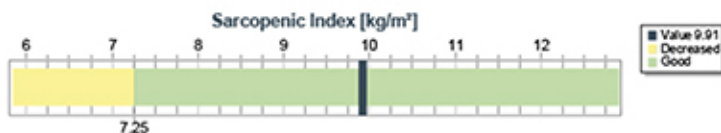
Weight: 95.4 kg

BMI: 28.5 kg/m²

Fat Free Mass: 73.7 kg

Muscle Mass: 70.1 kg
=73.5 %Skeletal Muscle Mass:
39.8 kg
=41.7 %

Bone Mass: 3.6 kg

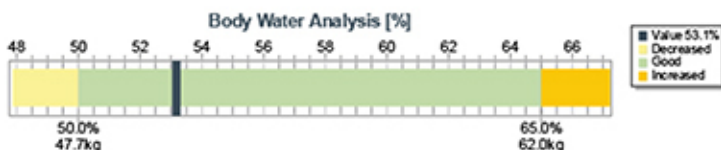
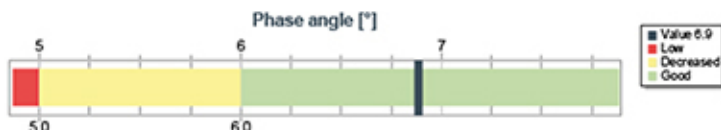
Sarcopenic Index: 9.91 kg/m²Body Water: 53.1 %
=50.7 kg

ECW: 21.0 kg

ECW/TBW: 41.4 %

ICW: 29.7 kg

ICW/TBW: 58.6 %

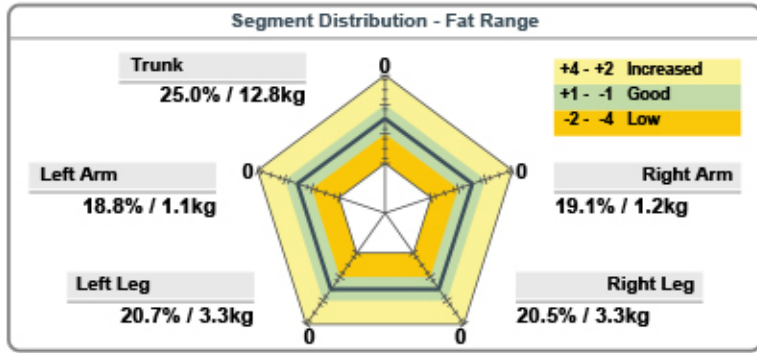
Phase angle:
(@50kHz) 6.9 °

Impedance: 490 Ohm
 Metabolic Age: 43 Years
 Basal Metabolic Rate: 9039 kJ = 2159 kcal

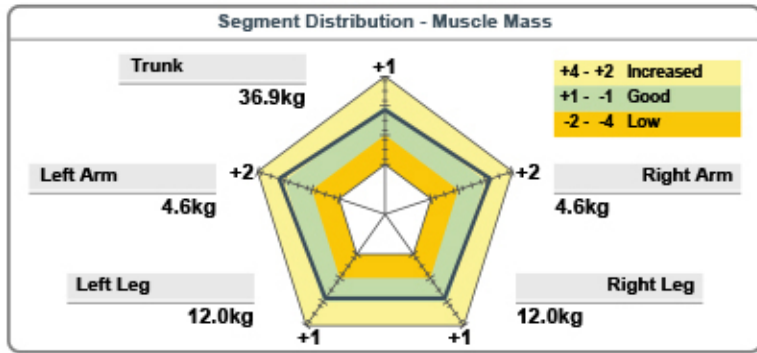


AL MARE MEDICAL
 www.almaremedical.com

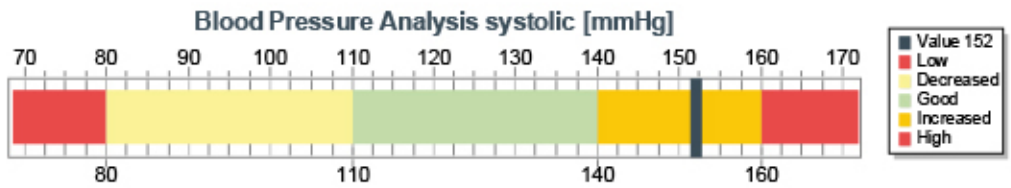
Segment Distribution
 Fat Range
 28/12/2020



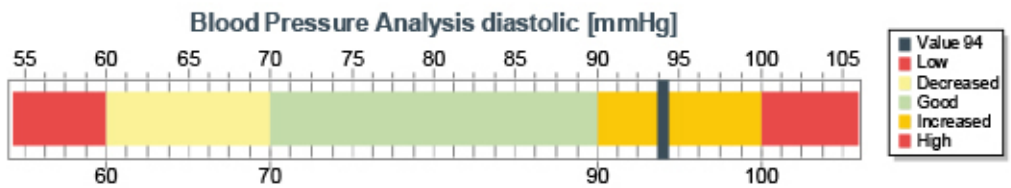
Segment Distribution
 Muscle Mass
 28/12/2020



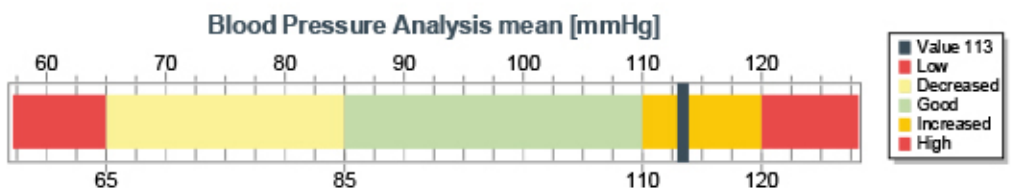
Date: 22/01/2021
 Blood Pressure systolic:
 152 mmHg



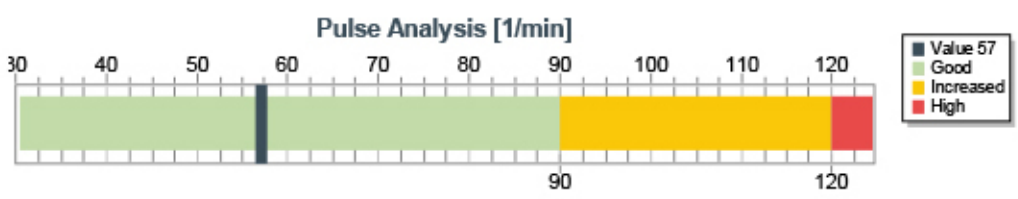
Blood Pressure diastolic:
 94 mmHg



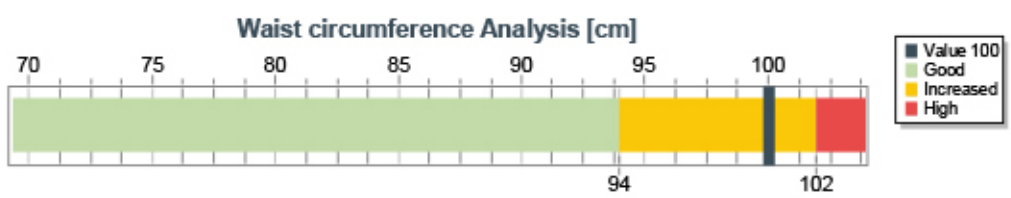
Blood Pressure Mean:
 113 mmHg



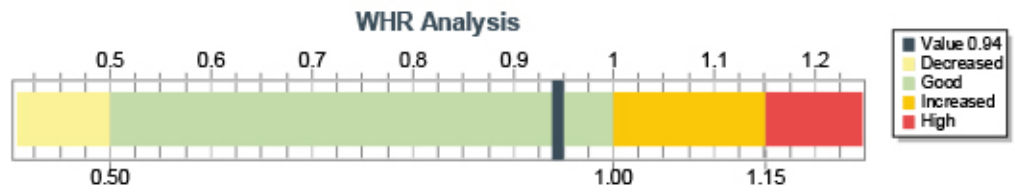
Pulse:
 57 min⁻¹



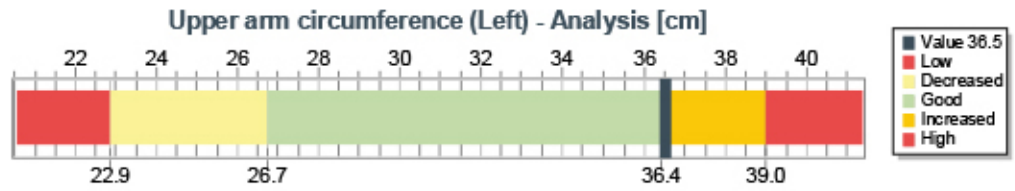
Date: 28/12/2020
 Waist:
 100 cm



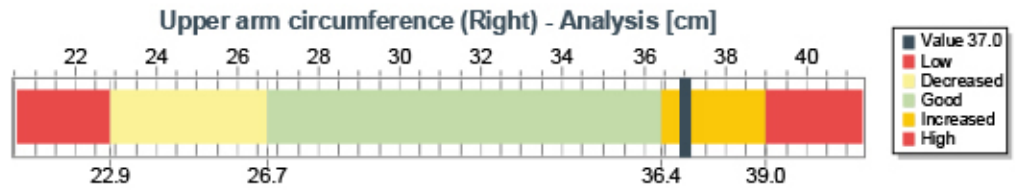
WHR: 0.94
 Waist: 100 cm
 Hip: 106 cm



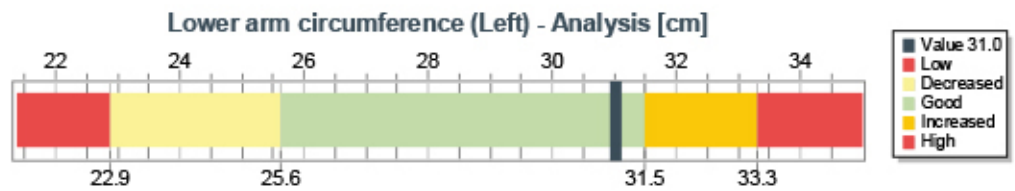
Upper arm circumference (Left): 36.5 cm



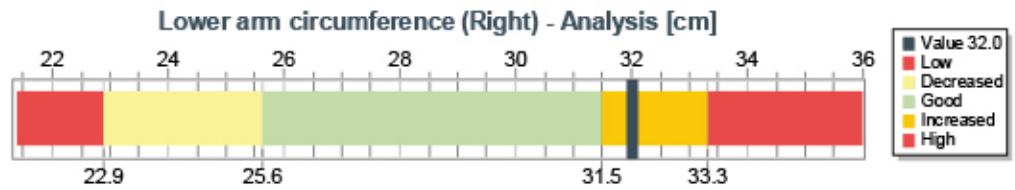
Upper arm circumference (Right): 37.0 cm



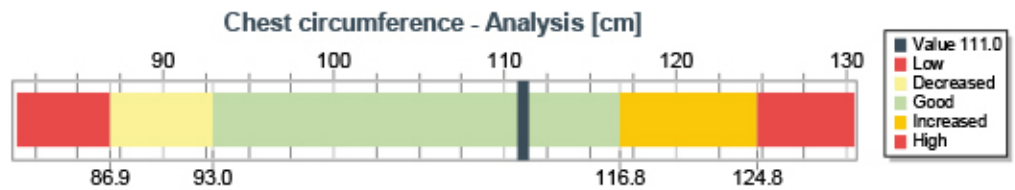
Lower arm circumference (Left): 31.0 cm



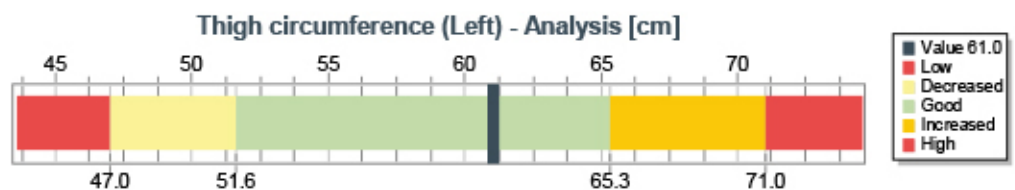
Lower arm circumference (Right): 32.0 cm



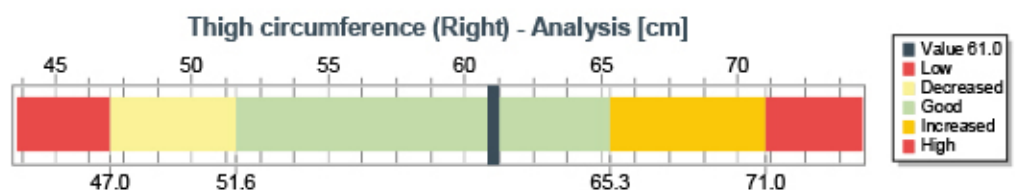
Chest circumference: 111.0 cm



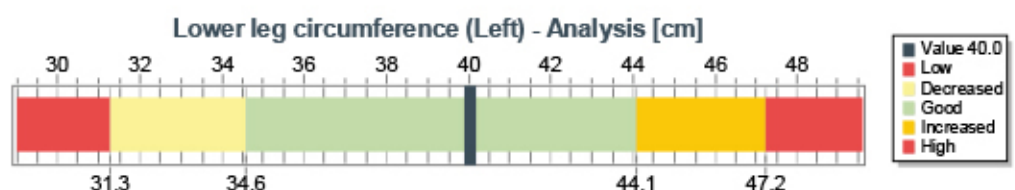
Thigh circumference (Left): 61.0 cm



Thigh circumference (Right): 61.0 cm



Lower leg circumference (Left): 40.0 cm



Lower leg circumference
(Right): 40.0 cm

